

## Course syllabus

### Handstående, specialisering 5, 7,5 högskolepoäng *Handstand, Specialisation 5, 7,5 credits*

**Course Code:** CI103G

**Department:** Department of Circus

**Grading Scale:** Click and select

**Education:**

Freestanding Course

**Main Field of Study:** Circus

**Progressive specialisation:** Click and select

**Education cycle:** First cycle non beginners

Established by: Local Committee for Programme  
Syllabi and Course Syllabi

**Subject Group:** C1

**Course Classification:**

Theater 100%

**Date of Decision:** 2020-06-10

**Date of Revision:** 20XX-MM-DD

**Valid from:** Spring semester 2021

#### Entry Requirements

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General Entry Requirements: for studies at the first cycle. (With an exemption from Swedish 1, 2 and 3 and English 6).

Specific Entry Requirements: Handstand, Specialisation 4 or the equivalent

#### Selection

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If there are more eligible applicants than available places there will be a selection. Selection is based on the submitted documentation from eligible applicants. In the assessment we especially consider the experiences/activities that focus on, and have a relationship to, the contents of the course

#### Language of Instruction

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The main language of instruction is English.

#### Aim

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The aim of the course is that the student further deepens and develops knowledge and tools to be able to work both with circus technique and with the artistic aspects within handstand both in training and the work to develop an act

#### Course Content

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The course contains continuous training in handstand, principles for sustainable training, riskanalysis in training and the building of longer and more complex exercises as well as discussions on artistic expression. The technical development and the student's ability to further develop an act is the focus through assignments, discussions and feedback.

## Teaching Forms

lectures, workshops, supervision both individually and in a group, own work

## **Intended Learning Outcomes**

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After completing the course the student is able to:

- physically show deepened skills in technique as well as development of his/her artistic abilities within handstand
- carry out a risk analysis and analyse principals for safe training within handstand
- elaborate with the figures, sequences and links to be able to create longer phrases and an own act and to discuss and analyse the choices in relationship to an artistic expression.
- in dialogue reflect on the importance of preparation, setting goals as well as planning his/her training in order to reach the set goals

## **Examination**

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The course is examined through a physical presentation and oral at the end of the course.

In case a student fails the ordinary examination, the student has four more examination opportunities in order to pass the examination.

In special cases, for example, illness or injury, some parts can be examined through a special assignment. Each case is assessed individually in consultation with the head teacher/s and therapists (if applicable).

If a student has a decision from Stockholm University of the Arts about special pedagogical support due to functional variance, the examiner can decide on alternative forms of examination in consultation with the student.

## **Course Requirements**

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At least 80% attendance and carried out given assignments. In case of absence extra assignments are required

## **Grading Criteria**

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For the grade pass: The student has achieved the specified learning outcomes.

For the grade fail: The student has not achieved the specified learning outcomes.

## **Study material**

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The student chooses study material in collaboration with the course director.

### **Course evaluation**

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The Course is evaluated in accordance with Guidelines for course evaluations (Riktlinjer för kursvärderingar).

### **Replaces a previous course**

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### **Overlaps another course**

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### **Other terms and conditions**

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