



# Course syllabus

# Handstående, specialisering 4, 7,5 högskolepoäng Handstand, Specialisation 4, 7,5 credits

Course Code: D2091G Department: Department of Circus Grading Scale: Fail, Pass

Education: Independent C08ourse

Education Cycle: First cycle non beginners Subject Group: Cl1 Course Classification: Theater 100% Main Field of Study: Circus Level of Progression: GXX Established by: Local Committee for Programme Syllabi and Course Syllabi Date of Decision: 28/08/2018 Date of Revision: DD/MM/20YY

Valid from: Autumn semester 2018

# **Entry Requirements**

General entry requirement for studies at the first cycle (with an exemption from Swedish 1, 2 and 3 and English 6), and

Specific entry requirement

• Handstand, Specialisation 3, 7,5 hp or the equivalent

#### Selection

If there are more eligible applicants than available places there will be a selection. Selection is based on the submitted documentation from eligible applicants. In the assessment we especially consider the experiences/activities that focus on, and have a relationship to, the contents of the course.

# Language of Instruction

The main language of instruction is English.

#### Aim

The aim of the course is that the student deepens and further develops knowledge and tools to be able to work both with circus technique and with the aesthetic aspects within handstand both in training and the work to develop an act.

# **Course Content**

The course contains continuous training in handstand, principles for sustainable training, risk analysis in training and the building of more complex exercises as well as discussions on aestetic expression. The technical development of the student is the focus through assignments, discussions and feedback.

As of 1 January 2014, DOCH part of the Stockholm University of the Arts.



Teaching methods		
Lectures 🗆	Seminars□	Teacher-led instruction $\boxtimes$
Individual supervision	Group supervision⊠	Workshops⊠
Individual coaching	Three-part conversation $\Box$	Two-part conversation $\Box$

### **Intended Learning Outcomes**

After completing the course the student is able to

- physically show deepened skills in technique as well as development of his/her artistic abilities within handstand
- carry out a risk analysis and analyse principals for safe training within handstand
- elaborate with the figures, sequences and links to be able to create longer phrases and an own act and to discuss the choices in relationship to an aesthetic expression.
- in dialogue reflect on the importance of preparation, setting goals as well as planning his/her training in order to reach the set goals

#### **Course Requirements**

At least 80% attendance and carried out given assignments. In case of absence extra assignments are required.

#### Examination

The course is examined through a physical presentation at the end of the course.

In case a student fails the ordinary examination, the student has four more examination opportunities in order to pass the examination.

In special cases, for example, illness or injury, some parts can be examined through a special assignment. Each case is assessed individually in consultation with the head teacher/s and therapists (if applicable).

# Replaces a previous course

#### **Overlaps another course**

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# Comments

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## **Grading criteria**

Pass

The student has met the expected learning outcomes

Fail

The student has not met the expected learning outcome

#### **Study Resources**

The student chooses study material in collaboration with the course director.