

Course syllabus

Handstående, specialisering 3, 7,5 högskolepoäng *Handstand, Specialisation 3, 7,5 credits*

Course Code: D2017G
Department: Department of Circus
Grading Scale: Fail, Pass
Education:
Freestanding course

Main Field of Study: Circus
Level of Progression: GXX
Established by: The Board of Course Syllabi
Date of Decision: 09/04/2015
Date of Revision: DD/MM/20YY

Education Cycle: First cycle non beginners
Subject Group: CI1
Course Classification:
Theater 100%

Valid from: Autumn semester 2015

Entry Requirements

General entry requirement for studies at the first cycle with the exception of Swedish 1,2,3 and English 6 and

Specific entry requirement

- Handstand, Specialisation 2 7,5hp or the equivalent

Selection

If there are more eligible applicants than available places there will be a selection. Selection is based on the submitted documentation from eligible applicants. In the assessment we especially consider the experiences/activities that focus on, and have a relationship to, the contents of the course.

Language of Instruction

The main language of instruction is English.

Aim

The aim of the course is for the student to further develop knowledge and tools to be able to work both with circus technique and with the artistic aspects within handstand.

Course Content

The course contains continuous training in handstand. The student works with principles in safe training, in risk analysis, in physical and mental preparation and in the building of exercises. The technical development of the student is the focus through assignments, discussions and feedback. In the start of the course the teacher and the student work out an individual plan together, planning how the student should work towards the goals of the course.

Teaching methods

Practical, physical training under supervision and own work.

Intended Learning Outcomes

Fel! Hittar inte referenskälla., Fel! Hittar inte referenskälla. credits

After completing the course the student is able to

- physically show a deepened understanding for the technique and development of his/her artistic abilities within handstand
- carry out a risk analysis and discuss aspects of safe training within handstand
- elaborate with the figures/building blocks in handstand and experiment with links to be able to create longer phrases and own act and to discuss the choices in relationship to his/her own artistic expression.
- reflect on the importance of preparation, setting goals as well as planning his/her training in order to reach the set goals, in dialog with the teacher and the examiner

Course Requirements

Examination

The course examination is done through a physical presentation as well as a discussion at the end of the course.

In case a student fails the ordinary examination, the student has four more examination opportunities in order to pass the examination.

In special cases, for example, illness or injury, some parts can be examined through a special assignment. Each case is assessed individually in consultation with the head teacher/s and therapists (if applicable).

Replaces a previous course

The course replaces .

Overlaps another course

The course overlaps and cannot be included in a degree together with Click and select.

Comments

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Grading criteria

Fel! Hittar inte referenskälla., Fel! Hittar inte referenskälla. credits

Pass

The student has met the expected learning outcomes

Fail

The student has not met the expected learning outcome

Study Resources

Fedec (2013) Manual for Acrobatics: Handstand, hand to hand, Banquine

Accessible from: <http://www.fedec.eu/wp-content/uploads/2013/11/m6en.pdf>

Video recordings might be added.